

Stenoclaena palustris Bedd.

A long-climbing fern with thin black scales and stems that can reach up to 20 m. It has pinnate fronds that are 30–100 cm long, petioles that are 7–20 cm long, and ovate lanceolate pinnae that are 10–15 cm long and 1.5–4.5 cm wide. The fern's sporophylls are long and narrow, and have brownish sori underneath.

It is an edible medicinal fern species. In the folk medicines of India and Malaysia, the leaves of this fern are used as remedies for fever, skin diseases, ulcers, and stomachache.

The district of Diliman in Philippines is named after this fern. The species epithet *palustris* is Latin for "of the marsh" and indicates its common habitat



Native to
South Asia, Philippines,
Western Australia



Geo. Distribution
Tropics & Subtropics

